

16 June 2025

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LIFE EDUCATION REALITY NOW



Dear Parent/Carer

Secondary Life Education 'Reality Now' Program will be provided to students in Year 7 to Year 12 on **Friday 27 June 2025** at Batlow Technology School. This program is fully funded thanks to the generous support of the Murrumbidgee Local Health District, with no cost to students.

Through this lesson, students explore effective strategies for maintaining safety in scenarios involving exposure to smoking and vaping, fostering critical thinking and decision-making skills in navigating common challenges.

'Reality Now', is a student-centred alcohol and drug education program for secondary students. The program equips young people with the skills to stay safe from drug-related harms, while closing the gap between perception and reality, grounding the choices young people make.

By fostering awareness and dispelling misconceptions, 'Reality Now' not only educates but also cultivates a culture of responsible decision-making, ensuring that students are well-equipped to navigate the complexities of choices related to substance use, promoting a healthier and safer future.

Topics covered will include:

- Smoking - Tobacco / Cannabis / Vaping
- Alcohol
- Illicit Drugs
- Perception of young people's use of alcohol and other drugs

If you **do not** wish your child to attend, please provide a note.

Yours sincerely

Michelle Wainwright
Principal